

Haz-Zabbar Pump Track

- Construction takes 3-4 Week
- A great solution for tight budgets and limited space for construction
- Perfect for Small Neighborhoods



ASPHALT PUMPTRACKS

Asphalt pumptracks are part of a more vivid and fun environment for children, adults and families. Entertaining for people of various age, levels of experience and vehicles of choice - bikes, scooters, skateboards, rollerskates and almost anything else on wheels.



CREATED
FOR THOSE:



Learning in
steps at their
own pace



Learning more
safely



Having more
fun in the
process



Starting
a lifelong
practice of
living an active
lifestyle

Proposed Design

- The idea is to turn the old football pitch into an asphalt pump track.
- These tracks have technical features like berms and jumps where both experienced and beginners alike can sharpen their handling skills on anything with wheels, get exercise, and have a great time.
- Around the world you can see kids and parents participating together in these pump tracks, the tracks can be designed to have very easy sections that parents and children can participate together



Benefits of a Pump Track

1. Promote a Healthy Lifestyle

The idea of a pump track is for the rider to generate all their speed and momentum by moving their arms and legs to “pump” the rollers and corners – think of it in the same way as you can generate momentum on a swing. This pumping motion really is a great all body workout, and once you master it the speed you can generate is surprising.

2. Social Inclusion

The whole ethos behind a pump track is that it should be a resource that is fun and beneficial for all to use – all ages, all genders, all abilities, all wheeled sports



3. Help Develop Skills

It's true that anyone and everyone can use a pump track, however the real benefit of a good pump track design is that it continues to engage people as their skills develop. A pump track is the place where people can turn a spark of enthusiasm into a lifelong passion.

pump tracks are easy to ride, but hard to ride fast. Once the pumping action has clicked, riding a pump track becomes addictive and it's hard to stop going until you reach the limits of your physical ability.

4. Reduce antisocial behaviour

How is this possible? A pump track gives local youths the golden combination of good exercise, a community to be a part of, and a place to focus and develop their skills.

